



Meta Health Limited
(formerly known as Metal Component Engineering Limited)
(Incorporated in the Republic of Singapore)
(Company Registration: 198804700N)

IMMEDIATE RELEASE

Meta Health Limited Appoints Tan Sze Leng as Group CFO

- **Mr Tan brings over 20 years of experience and a strong track record of success in senior management to his new position.**
- **Mr Tan will work alongside the executive leadership team to deepen the Group's push into the digital healthcare market.**

Singapore, 19 August 2022 - Meta Health Limited (“META” or the “Company”, and together with its subsidiaries, the “Group”) is pleased to announce the appointment of Mr Tan Sze Leng (“**Mr Tan**”), as the Group's new Chief Financial Officer (“**CFO**”) with effect from 21 September 2022. To help ensure a smooth transition, Mr Tan will work closely with other department heads on all financial and corporate related matters.

Mr Tan is a Chartered Accountant who brings over 20 years of experience in a wide range of finance and business functions within various industries, including healthcare, and having held a number of senior positions, including CFO and Head of Finance.

Most recently, he served as the CFO and Chief Operating Officer (Finance and Business Development) of Southeast Asia's largest dating company, Lunch Actually Group. Prior to this appointment, Mr Tan also worked as the Head of Finance and Investor Relations in MyDoc Pte. Ltd., a company specializing in telehealth care. In his new role with META, Mr Tan will leverage his track record to guide the Group's expansion into the digital healthcare space.



After establishing an early career with professional firms including Ernst & Young, Crowe Horwath and PwC, Mr Tan subsequently joined and led various finance functions in both private and public companies, including SGX-Mainboard listed company, Darco Water Technologies Limited.

Mr Tan earned his Master's in Business Administration from the Warwick Business School in 2011. META believes Mr Tan's robust professional experience and academic background position him as the ideal candidate to ensure the Group's continued financial success.

This new appointment comes at a time of extraordinary growth for the Group. META sees the move as an opportunity to strengthen its existing executive leadership team and create greater value for shareholders. As the Group endeavors to accelerate its expansion strategy, Mr Tan will play a key role in mergers and acquisitions, and maintaining a healthy financial outlook for the Group.

Executive Chairman and Group CEO of META, Dr Bernard Ng, said: ***"We are delighted to welcome Mr Tan onboard as the Group's new CFO. He will play a pivotal role as META transitions to its next stage of corporate development. His diverse background in accounting, finance and technology, will undoubtedly be a key factor in our future growth and add invaluable strength to the Group's corporate governance initiatives."***

Incoming CFO of META, Mr Tan, remarked: ***"It is extremely exciting to join a company that has not only been successful, but also has the potential for significant growth for many years to come. I feel privileged to serve META's customers, teammates, community and shareholders."***

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About Meta Health Limited

Meta Health Limited ("**META**"), formerly known as Metal Component Engineering Limited, was founded in 1987 in Singapore. With a consistent focus on quality and engineering innovation, META has expanded its customer base by serving MNC (Multi-National-Corporation), EMS (Electronic Manufacturing Services), and SME (Small-Medium-Enterprise) globally. META has



recently diversified into healthcare technology and services with the acquisition of Gainhealth Pte. Ltd., a direct-to-consumer and high-growth omnichannel health and wellness platform. META is vertically integrated with licenced clinics with pharmacy, online self-branded ecommerce portals, and product placements on regional e-commerce portals.

For more information, visit <https://metahealth.sg>, www.5digital.com.sg, www.gainhealthclinic.com

Investor Relations/ Media Contact

Emily Choo

Mobile: +65 9734 6565

Email: emily@gem-comm.com

Disclaimer

*This press release has been prepared by Meta Health Limited (“**Company**”) and its contents have been reviewed by the Company’s sponsor, ZICO Capital Pte. Ltd. (“**Sponsor**”), in accordance with Rule 226(2)(b) of the Singapore Exchange Securities Trading Limited (“**SGX-ST**”) Listing Manual Section B: Rules of Catalist (“**Catalist Rules**”). This press release has not been examined or approved by the SGX-ST and the SGX-ST assumes no responsibility for the contents of this press release, including the correctness of any of the statements or opinions made or reports contained in this press release. The contact person for the Sponsor is Mr Alex Tan, Chief Executive Officer, ZICO Capital Pte. Ltd. at 77 Robinson Road, #06-03 Robinson 77, Singapore 068896, telephone (65) 6636 4201*